Stool for Calprotectin (LTR81898)

Last Approved Time: 10/11/2023

Revision: 3.30

Visual Aids - PCS - 40359

Page 1 of 1

Specimen will **not** be tested if label or requisition is missing information.

Please follow the instructions below for accurate test results.

	 Write full last and first name and health care number on the container from whom the specimen was collected. The health care number can be written on either the line that says DOB or Card #.
	 Write the date and time of collection on the container.
	• Collect specimen from the first bowel movement of the day.
	• Empty bladder (pee) completely before stool is collected.
	• Please do not let urine mix with the stool (poo) specimen.
Day of Collection:	• Collect stool onto a clean, disposable container. For example, a paper plate <u>OR</u> put plastic wrap between the toilet seat and the bowl and collect the stool onto the wrap. Do not let water touch the stool.
	 Using the wooden stick, add stool specimen to the container until <u>one third filled only</u>. Make sure nothing else gets in the container (i.e. no toilet paper, no plastic wrap).
	• Close the container with the lid. Please ensure the lid is tightly closed and not leaking.
	• Put the container into the ziplock bag and close the bag.
	• Wash your hands with soap and water.
	• Put the requisition in the pouch of the bag.
Diapers:	 Do not bring used diapers to the laboratory. For small children with diarrhea, fasten plastic wrap inside the diaper with childproof safety pins. At home, please remove the stool from the plastic using a disposable plastic spoon and put into the collection container.
When Finished:	 Specimen <u>MUST</u> be refrigerated or kept on an ice pack until taken to the laboratory. Take the specimen and requisition to the laboratory as soon as possible – must be delivered to the lab within 12 hours of collection.