

How to Collect a Semen Sample for Full Semen Analysis

For correct test results, follow these instructions carefully. Incorrect test results can cause an important medical problem to be missed, or the ordering of more or unneeded tests.

Before sample collection:

- Book appointment by calling the Diagnostic Semen Laboratory (DSL) at 403-284-9410 between 7:30 a.m. and 3:30 p.m. Monday to Friday:

Diagnostic Semen Laboratory
Suite #301
2000 Veteran's Place NW
Calgary, Alberta
T3B 4N2

- Do not ejaculate (either through sexual intercourse or masturbating) for at least 3 days before the test to ensure a suitable sample is obtained.

Your sample:

- **Sample must be collected at the Diagnostic Semen Laboratory.**
- In special cases, you may collect your sample and bring it directly to the Diagnostic Semen Laboratory. This requires approval from the DSL before sample collection (phone 403-284-9410). DSL will give you instructions for collection and transportation.
- **Do not bring sample to any Alberta Precision Laboratory sites.**

Your appointment:

- Bring your Alberta Health Care card to your appointment. If you do not have an Alberta Health Care card, bring another form of identification with you.
 - At your appointment you will be asked for the:
 - Number of days since you last had sexual intercourse or masturbated
 - Time the sample was produced, if collected outside the laboratory.
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Questions? Call the Laboratory Information Centre at 403-770-3600