
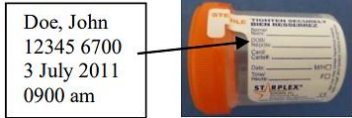


## Enteric Bacterial Panel and C.difficile Stool Collection

<b>How to Prepare</b>	<ul style="list-style-type: none"> <li>• <b>Do not</b> use laxatives (including mineral or castor oil), antibiotics, antacids, anti-diarrheal drugs, GynolII® vaginal contraceptive, or enemas before collecting stool specimens.</li> <li>• <b>Do not</b> contaminate stool with Vagisil, nystatin cream, and spermicidal lubricant.</li> <li>• Obtain a sterile container from clinic or laboratory staff.</li> </ul>
<b>Labelling the Specimen</b>	<p><b>Specimen container MUST be labelled with full first and last name AND personal health number or it will NOT be tested.</b></p> <p>Label the collection container with <b>ALL</b> the following information:</p> <ul style="list-style-type: none"> <li>• Your (the patient) <b>full first and last name.</b></li> <li>• Your unique <b>personal health number</b> (Alberta PHN or ULI#). Date-of-birth is NOT sufficient.</li> <li>• <b>The date and time of specimen collection.</b></li> </ul> <div>   </div> <p>Alberta PHN is found on the Alberta Personal Health Card. Connect Care Medical Record Number (MRN), or other provincial health care numbers are acceptable. If you do not have a PHN or ULI please ask your local laboratory for alternatives.</p>
<b>Lab Requisition</b>	<ul style="list-style-type: none"> <li>• <b>Print</b> the date and time the stool specimen was collected on your lab requisition.</li> <li>• <b>Fold</b> and place the <b>requisition</b> in the <b>outside</b> pocket of the plastic specimen bag.</li> </ul>
<b>Collecting the Specimen</b>	<ul style="list-style-type: none"> <li>• Urinate completely first to prevent urine from touching the stool specimen.</li> <li>• Collect the stool specimen into a clean, dry disposable container (e.g., paper plate), or on to plastic wrap placed between the toilet seat and the bowl and collect the stool onto the wrap. <b>DO NOT</b> let water touch the stool specimen.</li> <li>• Using the provided stick or spork, add 1-2 tablespoons of stool to the specimen container. <b>Do not</b> fill the container <b>more than half full</b>. If some of the stool is bloody or slimy (contains mucous or pus), make sure to include that part of the stool in the container.</li> <li>• Close the container with the lid and ensure the lid is tightly closed and <b>not leaking</b>.</li> <li>• Place specimen container in the provided plastic resealable bag.</li> <li>• <b>Wash hands</b> thoroughly with soap and water after collecting the specimen.</li> </ul> <p><b>For infant or toddler</b> who is not yet using the toilet, line the diaper with plastic wrap. Place it so the pee runs into the diaper and not the wrap. Using a disposable stick or spoon, scoop stool specimen from the plastic wrap and into the container as above. <b>Do not submit stool specimen in diapers.</b></p>
<b>Specimen Delivery to Lab</b>	<ul style="list-style-type: none"> <li>• <b>Transport the specimen and requisition to the laboratory as soon as possible.</b> If the stool specimen cannot be delivered to the laboratory immediately after collection, keep refrigerated and deliver to laboratory within 24 hours.</li> <li>• <b>Specimen containers that are leaking when received will NOT be tested.</b></li> </ul>
<b>Questions About Your Collection?</b>	<p>Laboratory location, hours and contact information may be found at:</p> <ul style="list-style-type: none"> <li>• <a href="http://www.albertaprecisionlabs.ca">www.albertaprecisionlabs.ca</a></li> <li>• Alberta Precision Laboratories at 1-877-868-6848</li> <li>• Health Link Alberta at 811</li> </ul>