

Collection of Samples for Anaerobes

Guideline for Physicians

Notes

- Aerobic culture and sensitivity will be performed on the anaerobic samples. A separate aerobic sample is not required.
- Collect samples under aseptic conditions; avoid contamination with indigenous anaerobic flora from skin and mucous membranes
- Collection with a swab is not recommended for isolation of anaerobes and should be surgically obtained for optimal results when an aspirate is not feasible

Acceptable samples

- Abscess material, Needle aspirates
- Tissue, Deep wounds deep collection (greater than 1 cm deep)
- Urine suprapubic aspirate

Unacceptable samples

- Superficial swabs
- Samples collected from or via sites containing normal flora: e.g., mouth, throat, sputum, bowel, urethra, vagina, cervix, rectum, perianal area, voided or catheterized urine

Collection container(s)

Anaerobic Transport Media (PRAS):

- Do not use if the media is lavender this indicates anaerobic conditions have been compromised
- Do not use past expiry date or if packaging is no longer intact
- Copan CLASSIQSwabs[™] Dry Swab is to be used when submitting swab specimens for testing.
- Fluid and tissue may also be submitted in a sterile screw-capped container

Syringe collection instructions for pus and fluid

- Disinfect rubber septum with alcohol
- · Using syringe, aspirate pus or fluid aseptically. Expel air from syringe
- Puncture rubber septum with needle and inject sample into anaerobic transport media
- Ensure the syringe needle is disposed of appropriately

Collection instructions for tissue and swabs

- Collect tissue or sample with sterile swab if necessary
- Remove screw cap from the anaerobic transport media and insert tissue or swab deeply into bottom of medium
- Break off swab stick, if swab used, at neck of tube
- Re-cap tube

Labeling the sample

Label sample container(s) with:

- Patient's Full first and last name AND
- Personal Health Number (PHN) or other unique identifier
- Sample site/source
- Date and time the specimen was collected

Sample transport

- Do not refrigerate samples after collection
- Never transport syringes with needles to the laboratory
- Fluid samples(exception CSF) for anaerobic culture are considered priority samples and must be received in the laboratory within 2 hours of collection
- CSF samples are considered STAT and must be transported to the laboratory immediately
- Organisms will remain viable in the anaerobic transport media for up to 48 hours

Samples that are not labelled correctly and do not have a completed requisition will not be tested.

Questions? Call the Alberta Precision Laboratories at 403-770-3600

MI6005 Rev 1.03 Test Directory