

### REG5295 Bronchoalveolar Lavage (BAL) and Bronchial Wash (BW) Guideline Calgary Zone

Leaders in Laboratory Medicine

#### Collection

Submit saline lavage specimen in a sterile container, sterile auger suction container or sterile specimen trap.



OR



Sterile Container

Sterile auger suction container or specimen trap

#### Specimen Volume Requirements

	Optimal	Minimum
Microbiology	10 mL	5 mL
Public Health	10 mL	5 mL
Cytopathology	10 mL	3 mL
Flow Cytometry	3 mL	1 mL
Hematology	4 mL	3 mL

For specific clinical section BAL information, refer to clinical section test pages in the <u>Alberta Precision Laboratories Test</u> <u>Directory</u>:

<u>Microbiology</u> <u>Cytopathology</u> <u>Hematology</u>

#### Ordering/ Requisition Requirements

Submitting locations without access to SCM ordering, and all locations requesting 'Interstitial Lung Disease Differential' and/or 'BAL Cytopathology' testing, must use the *Bronchoalveolar Lavage/Bronchial Wash Requisition REQ9024MI*. All tests can be ordered on this requisition with the exception of: Tissue Biopsy specimens and Non-BAL Cytopathology specimens

- Each different body site requires its own requisition. **Do not use one** requisition for multiple body sites.
- Include a contact name and number to resolve any specimen labelling or requisition problems.
- Indicate Quantitative Culture for BAL collections performed using procedure *Bronchoscopy Guideline VAPP-004*.
- Indicate Routine Culture if BAL collection has **not** been performed using *Bronchoscopy Guideline VAPP-004*.
  - o Only specimens collected as per *Bronchoscopy Guideline VAPP-004* will be processed for quantitative culture.
  - o Those specimens not collected as per VAPP-004 procedure will be processed as a Bronchial Wash.

**Note:** The *Bronchoalveolar Lavage/ Bronchial Wash Requisition REQ9024MI* is not utilized for requesting cultures on Bronchial brush specimens, the *Microbiology Requisition REQ9021MI* must be completed for this specimen type.

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#### Specimen Labelling Requirements

Label each specimen with:

- Patient's first and last name
- Personal Health Number (PHN) or Regional Health Record Number (RHRN)
- Date and time of collection
- Specimen source

# Specimen Packaging

All specimens must be packaged and labelled as outlined in the **Bronchoscopy Specimen Packaging Instructions REG5286**.

- Ensure specimen container lids are secure to prevent any leakage.
- Place each specimen into an individual resealable specimen transport bag.
- Place requisition in outer pouch of individual resealable specimen transport bag.
- Place all the individual specimen transport bags from same patient and body site into a large resealable plastic bag labelled with the *Bronchoscopy Specimen Destination Label REG5285*. DO NOT package specimens from multiple patients in the same large transport bag.
  - Use of the Bronchoscopy Specimen Destination Label REG5285 is not required when only an Anatomic Pathology
    (AP) biopsy or a non-BAL Cytopathology specimen is collected (no BAL specimens); the AP specimen is tested at
    the collection site AP laboratory.
  - Use of the Bronchoscopy Specimen Destination Label REG5285 is required whenever an Anatomic Pathology (AP) biopsy or Non-BAL Cytopathology specimen is collected in conjunction with BAL specimens or if a BAL Cytopathology specimen is collected.

**Note:** Bronchoscopy Specimen Destination Label REG5285 may be requested via email by contacting: MicrobiologyInventoryGroup@cls.ab.ca.

- $\circ\;$  Order when remaining label inventory is at 5 sheets.
- o Provide 48 hours notice to allow for the delivery of supply.

# Specimen Transport

Once packaged, immediately send **all** BAL and BW specimens regardless of testing ordered stat to the Accession area of the hospital laboratory. DO NOT transport bronchoscopy specimens using the Pneumatic Tube System

## Processing (Lab)

- Calgary Accession staff, refer to regional procedure REG02-010 BAL and BW Specimen Flow for specific specimen handling instructions.
- Specimen MUST be received in the Microbiology laboratory at the Diagnostic and Scientific Centre (DSC) within 2 hours of receipt in the hospital laboratory.
- Store specimens at room temperature. **DO NOT refrigerate**.
- If there are multiple test requests and there is insufficient quantity (less than 15 mL), Microbiology staff contacts the Calgary Zone Microbiologist on Call to determine testing priority.

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#### Additional Test Information

BAL and BW specimens are NOT suitable for anaerobic culture.

#### Resources

- Bronchoalveolar Lavage/Bronchial Wash Requisition (REQ9024MI): <a href="http://www.albertahealthservices.ca/assets/wf/lab/if-lab-hp-cal-req9024mi.pdf">http://www.albertahealthservices.ca/assets/wf/lab/if-lab-hp-cal-req9024mi.pdf</a>
- Bronchoscopy Specimen Packaging Instructions (REG5286): <a href="https://www.albertahealthservices.ca/assets/wf/lab/if-lab-tc-cal-bronchoscopy-specimen-packaging-reg5286.pdf">https://www.albertahealthservices.ca/assets/wf/lab/if-lab-tc-cal-bronchoscopy-specimen-packaging-reg5286.pdf</a>

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