



Note to Ordering Physician: Guidelines require selection of individual allergens based on patient history (Boyce 2010). The standard number of allowable individual allergen specific IgE antibody tests listed in the table below is **5 allergens per patient/ per year**. There are no allergen panels; each allergen ordered, counts towards the maximum # of allergens allowed.

If the ordering physician is an allergy specialist (as approved by the Section of Clinical Immunology and Allergy) the number of allowable allergen specific IgE antibody tests is **10 allergens per patient/per year**, which can be increased to 20 when approved by a laboratory physician/clinical chemist.

ALLERGEN	MNEMONIC	ALLERGEN	MNEMONIC
Almond	ALMOND	Lobster	LOBSTER
Alternaria tenuis	ATNE	Macadamia nut	MNUT
Amoxicillin	AMOX	Milk	MILK
Aspergillus fumigatus	ASPFM	Mussel (Blue Mussel)	MUSSEL
β-Lactoglobulin	LACTO	Oats	OATS
Barley	BARLEY	Oyster	OYSTER
Brazil nut	BRAZIL	Paper wasp	PWASP
Brome grass	BGRASS	Peach	PEACH
Cladosporium herbarum (hormodendrum)	CHERB	Peanut	PNUT
Cashew	CASH	Peas	PEAS
Cat epithelium + dander	CAT	Pecan	PECAN
Chestnut (sweet)	CNUTS	Penicillium notatum	PNOT
Chick pea	CPEA	Penicilloyl G	PENG
Clam	CLAM	Pine nut	PINE
Coconut	COCONUT	Pistachio	PISTA
Cod	COD	Rye	RYE
Common wasp (Yellow Jacket)	YELJK	Salmon	SALMON
Corn/Maize	CORN	Scallop	SCALLOP
Cow dander	COW	Sesame seed	SESAME
Crab	CRAB	Shrimp	SHRIMP
D. farinae	DERMF	Silver birch (Common Silver birch tree)	BIRCH
D. pteronyssinus	DERMP	Soybean	SOYA
Dog dander	DOG	Sunflower seed	SSEED
Egg white	EGGW	Timothy grass	TIMO
Egg yolk	EGGY	Trout	TROUT
Hazelnut	HAZELNUT	Tuna	TUNA
Honey bee	BEEV	Walnut	WALNUT
Horse dander	HORSE	Western ragweed	RWEED
Inhalant screen	PHAD	Wheat	WHEATG
Kiwi	KIWI	White faced hornet	WHORN
Latex	LATEX	Yellow hornet	YHORN
Lentil	LENTIL		

COMMONLY ORDERED INDIVIDUAL ALLERGENS

NOTE: These are not allergen panels; each mnemonic counts as an allergen ordered.

CATEGORY	MNEMONIC
Animals	CAT, DOG
Dairy	MILK, LACTO
Dust/Dust Mites	DERMF, DERMP
Egg	order EGGW only
Fish	COD, SALMON, TROUT, TUNA
Food	EGGW, MILK, PNUT, WHEATG
Grasses	BGRASS, RWEED, TIMO
Inhalant Screen/ Environmental Screen	PHAD
Mould	ASPFM, ATNE, CHERB, PNOT
Nuts	Add COCONUT, PNUT, SESAME, SSEED to Tree Nuts
Pollen	BIRCH, RWEED, TIMO
Shellfish	CLAM, CRAB, LOBSTER, MUSSEL, OYSTER, SCALLOP, SHRIMP
Stinging Insects	YELJK, BEEV, PWASP, WHORN, YHORN
Tree Nuts	ALMOND, BRAZIL, CASH, CNUTS, HAZELNUT, MNUT, PECAN, PINE, PISTA, WALNUT

REFERENCES

Boyce JA, Assa'ad A, Burks AW, Jones SM, Sampson HA, Wood RA, Plaut M, Cooper SF, Fenton MJ, Arshad SH et al. 2010 Dec. Guidelines for the diagnosis and management of food allergy in the United States: summary of the NIAID-sponsored expert panel report. J Allergy Clin Immunol.126(6):1105-18.