# Alberta Public Laboratories (APL)

# **Laboratory Bulletin**

**Date:** May 21, 2019

**To:** Calgary Zone Physicians **From:** Microbiology Section, APL

Re: Bacterial Enteric Panel for bacterial stool testing

#### PLEASE POST OR DISTRIBUTE AS WIDELY AS APPROPRIATE

## **Key Message:**

• Effective June 3, 2019, APL Calgary will begin using the Bacterial Enteric Panel, a commercial polymerase chain reaction (PCR) assay, to routinely test diarrheal stool specimens for Shiga toxin-producing Escherichia coli (STEC, including O157 and non-O157), Campylobacter species, Salmonella species, Shigella species and Enteroinvasive E. coli (EIEC).

## Why this is important:

- The PCR assay serves to replace the traditional "Stool C&S" as the primary screen.
- The pathogens detected by this PCR assay collectively account for >95% of bacterial pathogens detected by stool culture annually at APL-Calgary.
- All PCR-positive results will be confirmed by culture until further notice. PCR-positive but culture negative
  results may represent current infection, past infection, colonization or false positive PCR and will require
  clinical correlation.
- Testing for additional bacterial pathogens (Yersinia, Vibrio, and Plesiomonas species) will only be performed if an "Extended Bacterial Stool Culture History Form" is submitted along with the stool specimen and the appropriate clinical, exposure or travel history is provided.

#### Background:

- Detection of these organisms by PCR is more sensitive than by stool culture methods and results are reported more rapidly. Greater than 95% of stools are negative for these pathogens and this rapid molecular screen enables early and accurate reporting of negative specimens.
- Clinical guidelines on testing for infectious diarrhea can be found at:
   <a href="http://www.topalbertadoctors.org/download/398/infectious\_diarrhea\_summary.pdf?\_20190418190646">http://www.topalbertadoctors.org/download/398/infectious\_diarrhea\_summary.pdf?\_20190418190646</a>

#### **Action Required:**

- For bacterial stool testing, recommended collection methods have not changed. Stool specimens should be submitted in a sterile container without preservative.
- In Sunrise Clinical Manager (SCM), the PCR panel should be ordered as the "Bacterial Enteric Panel"
- If unusual bacterial pathogens are suspected based on clinical, exposure or travel history, stool specimens should be submitted along with an "Extended Bacterial Stool Culture History Form".
- Please refer to the APL Calgary guide to services for collection information and the required forms (<a href="http://www.calgarylabservices.com/lab-services-guide/microbiology/Test/Tests/Bacterial-Culture-Stool.htm">http://www.calgarylabservices.com/lab-services-guide/microbiology/Test/Tests/Bacterial-Culture-Stool.htm</a>).

#### Inquiries and feedback may be directed to:

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#### This bulletin has been reviewed and approved by:

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