

Date: July 15, 2019
To: South Zone Physicians, Nursing Staff, Laboratory Staff
From: Clinical Biochemistry Section, South Sector
Re: Urine Osmolality Standardization

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Key Message:

- Effective **July 31, 2019**, a single test code will be utilized for urine osmolality, for all random and 24 hour collections.
- The reference interval for urine osmolality will be standardized to **50-1200 mmol/kg**.

Why this is Important:

- This aligns with current ordering practices and reference intervals in use in the Calgary Zone (formerly Calgary Lab Services).

Action Required:

- Order OSMUR for all urine osmolality testing. Refer to South Zone Test Directory [Osmolality, Urine](#).

Inquiries and feedback may be directed to:

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This bulletin has been reviewed and approved by:

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