

Date: June 27, 2011

To: Central Zone – Former David Thompson Health Region Sites
Physicians, Nursing, Laboratory Services

From: AHS Laboratory Services –Central Zone

Re: Rubella IgG and Cortisol Testing

PLEASE POST OR DISTRIBUTE AS WIDELY AS APPROPRIATE

Key Messages:

Effective Wednesday, June 29, 2011, Rubella IgG and Cortisol will no longer be performed at the Red Deer Regional Hospital.

- Rubella IgG testing will be directed to either ProvLab (North) or ProvLab (South).
- Cortisol testing will be directed to either DynaLIFE_{Dx} (North) or Calgary Laboratory Services (South).

The Dexamethasone Suppression Test (DST) protocol used by DynaLIFE_{Dx} and Calgary Laboratory Services is slightly different than the protocol used by Red Deer Regional Hospital. Please refer to the DynaLIFE_{Dx} Test Directory (<http://www.dynalifedx.com/web/>) or Calgary Laboratory Services Guide to Lab Services (<http://www.calgarylabservices.com/>) for details of the protocol.

- For collection, storage and handling instructions for Rubella IgG and Cortisol, please refer to the appropriate Guide to Lab Services or Test Directory.

Why this is important:

- To create awareness of the requirement to refer to the appropriate Guide to Lab Services or Test Directory for these tests.
- To ensure that specimens are directed to the appropriate laboratory testing location.
- There is no significant impact expected relative to turn around time.

Inquiries and feedback may be directed to:

Kathy Carter (Tech II, Biochemistry, Red Deer) by telephone 403-343-4472 or email kathy.carter@albertahealthservices.ca

This bulletin has been reviewed and approved by:

Dr. James Wesenberg, AHS Central Zone Clinical Department Head - Pathology and Laboratory Medicine