Transfusion Reaction Information

What is a transfusion reaction?

A transfusion reaction can happen during or after a blood or blood product transfusion. If you have a reaction, you might not feel well.

It's rare to have a transfusion reaction. Most reactions happen within **6 hours** of having a transfusion. Rarely, you can have a transfusion reaction up to 2 weeks after a transfusion. You can have a transfusion reaction even if you've never had a reaction to a transfusion in the past.

How do I know if I'm having a transfusion reaction?

You may be having a transfusion reaction if you have any of the signs and symptoms below.

What to watch for:	What to do:
 If you: feel short of breath or are have trouble breathing have swelling in your lips or tongue have wheezing in your chest 	• Call 911.
If you: • feel very unwell • have muscle pain • have yellow skin • have dark pee (urine)	 See a doctor right away. If you can't reach your doctor, go to the nearest Urgent Care Centre or Emergency Department.
If you: • have chills • have (or think you have) a fever	Call Health Link at 811.Take your temperature.
If you: • have a rash, hives, or itchy skin	• Call Health Link at 811.

Is there anything else I should know about?

If your doctor didn't give you any instructions about more blood tests or transfusions, call the doctor who ordered your transfusion within a few days to see if you need to do them.

If you had any of the symptoms listed above after a transfusion, tell your healthcare provider the next time you have a transfusion.

For general health information or symptoms, go to MyHealth.Alberta.ca or call Health Link at 811.

Comments _____

This material is for information purposes only. It should not be used in place of medical advice, instruction, or treatment. If you have questions, talk to your healthcare provider.

