

Fine Needle Aspiration (FNA) Clinic Patient Information Sheet

Special Instructions:

Please arrive at Admitting 10 - 15 minutes before your procedure to register.

You do not need to physically prepare (e.g. Fasting) for this procedure. You should have your Alberta Health Card at your appointment. A consent form will also need to be signed at the clinic by yourself or legal guardian prior to the procedure.

Cancellations:

If you cannot make your appointment or need to cancel and rebook for a later date, please contact your referring physician **as soon as possible**. They will inform the FNA clinic of the cancellation and book another appointment for you.

Location and Parking:

The Fine Needle Aspiration Clinic is located in the Red Deer Regional Hospital, **3942-50a Ave, Red Deer (see map on back)**. Public parking is available on the south side of the hospital. There is also limited underground parking available on the north side of the building.

Directions In Hospital to FNA Clinic:

Please proceed to the main entrance of the hospital. Go directly to **Admitting** to register. Proceed to the Laboratory (located on the **lower level**) with chart and labels. Once on the lower level, follow the signs labeled "FNA Clinic" that will direct you to the Laboratory reception, at the end of the hall. Let the desk clerk know you are booked for a Fine Needle Aspiration.

Procedure:

Once in the examination room, the pathologist will then explain your procedure in detail and ask you to sign a consent form. Fine Needle Aspiration is routinely used to evaluate superficial lumps of the Thyroid, Breast, Head and Neck and any other easily accessible sites. The procedure involves sampling the lesion with a small calibre needle (less than the size used to draw blood for tests). Local anaesthetic is generally not used because the discomfort of the freezing is more than the test itself. Risks from the procedure are very small, generally limited to local bleeding (a bruise) and the small chance of local infection. The sample obtained is sprayed on glass slides and examined under a microscope. Some of the slides will be prepared immediately in order to determine if there is adequate material and/or if further sample is required. If necessary, more sampling may be done (with your permission).

Test Results:

The result of your procedure will be forwarded to the ordering physician usually within 24 hours. We would encourage you to contact your physician to discuss the result after 2 or 3 days.

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(Authorized individuals are: lab personnel designated in their zone/program or provincial role to produce print copies)

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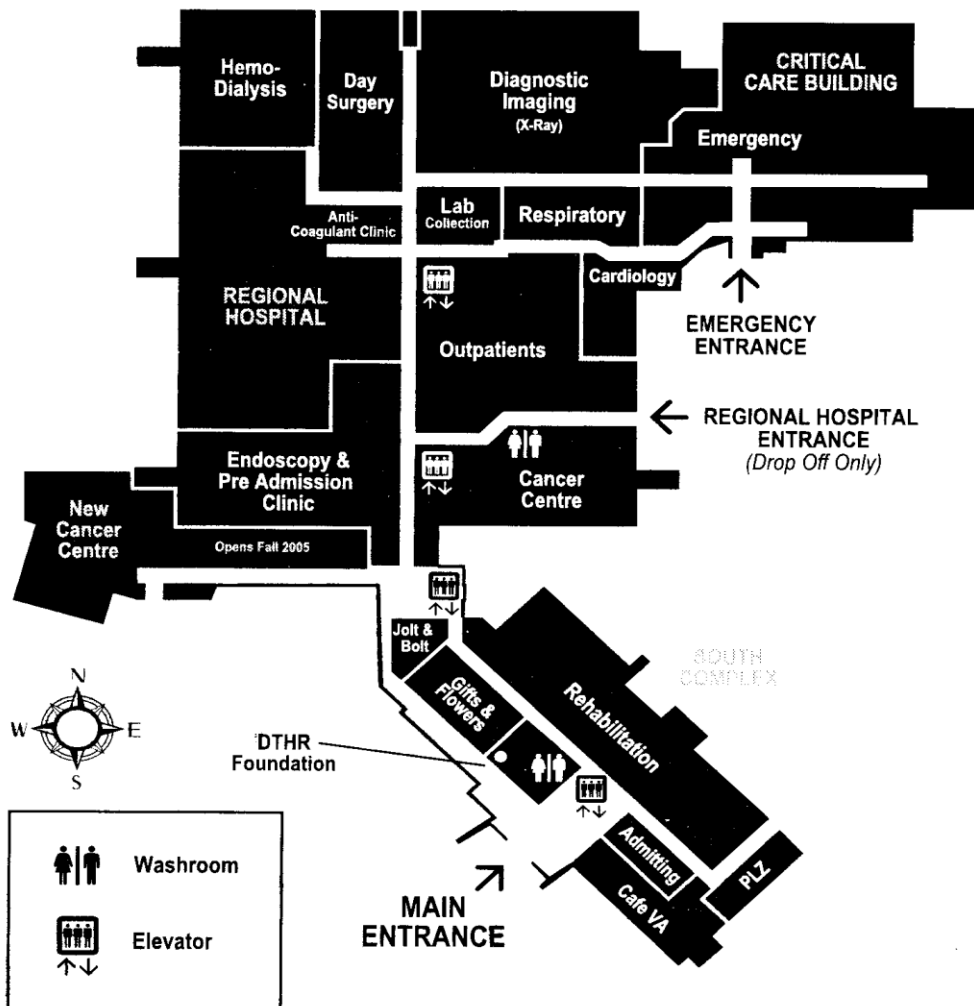
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Red Deer Regional Hospital Centre

Main Level



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