1. Start at **Insite Home page**.

2. Click on **Teams**

3. Click on **Lab Services**, under Clinical Services.

4. Click on **External Lab Services Website** under Links for Lab Staff on right side of page

Contact your local laboratory for hours of service or visit MyHealth.Alberta.ca

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5. Click on “Lab Test Directory and Collection Information” under Tools.

Within the Laboratory Services page (http://www.albertahealthservices.ca/lab/lab.aspx) there are several links that you may find helpful:

6. For additional information click on the “South Zone” tab

Information includes: Critical Value Results lists, STAT Lists, Sample Acceptance guidelines etc.
Guide to Accessing Laboratory Information on the AHS External Website From Insite

Once you have navigated to the Laboratory Services Site create a shortcut to your desktop or add to your Favorites.

Contact Information

Please contact the South Zone Laboratory - Quality Department if you have any questions.