



Hemoglobin A1c (HbA1c)

Dear Patient,

The HbA1c test your doctor ordered is used to diagnose diabetes or to learn how well your diabetes is being managed.

The Canadian Diabetes Association has made a new recommendation about how often the HbA1c test needs to be done. Alberta Health Services will follow the new recommendation.

As such, the HbA1c test will be done no more than every 90 days (3 months). This is because the test measures the average amount of glucose (sugar) in the blood over 3 months.

Your record shows that your last HbA1c test was done less than 90 days ago. This means that your test won't be done at this time.

If you have questions about how often you think your HbA1c test should be done, please speak with your doctor.

Sincerely,

A handwritten signature in black ink, appearing to read "J. Wesenberg".

Dr. James Wesenberg
Provincial Medical/Scientific Director
AHS Laboratory Services

A handwritten signature in black ink, appearing to read "L. Baskin".

Dr. Leland Baskin
Medical Director and VP Medical
Calgary Laboratory Services

A handwritten signature in black ink, appearing to read "R. Lai".

Dr. Raymond Lai
Medical Director
DynaLIFE_{Dx}