

**South Zone Glucose Tolerance
Test – 1 Hour Gestational Screen**

How to prepare	<ul style="list-style-type: none"> • You should be 24 – 28 weeks pregnant • Fasting is NOT necessary • No appointment or pre-booking is required
Risks or Cautions	<ul style="list-style-type: none"> • You must remain at the laboratory for the duration of the test (approx. 1-1.5 hour) • If you start to feel ill, let laboratory staff know
Collecting the Sample	<ul style="list-style-type: none"> • You will be given a glucose drink • You will have 5 minutes to consume the drink • Your blood will be drawn 1 hour after glucose drink is given
Questions About Your Collection?	<p>Lethbridge Client Services – (403) 388-6057 Medicine Hat Client Services – (403) 529-8919</p>