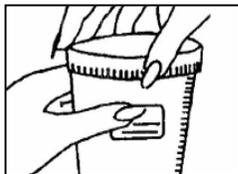


**South Zone Midstream Urine
(MSU) Collection - Female**

<p>How to prepare</p>	<ul style="list-style-type: none"> Wash hands thoroughly with soap and water. Remove lid from sterile container. Open the antiseptic towelettes and remove from package.
<p>Risks or Cautions</p>	<ul style="list-style-type: none"> DO NOT touch the inside of the container or the lid
<p>Labelling the Sample</p>	<p>Label the collection container with:</p> <ul style="list-style-type: none"> Your (the patient) full first and last name, date and time of collection, Provincial Health Insurance (PHN/ULI), or Government issued identification such as (Federal, Military, RCMP, Immigration, Passport #) If you have been provided with a patient label, attach this label to the outside of the container. Incorrectly or incompletely labelled specimens may not be tested.
<p>Lab Requisition</p>	<ul style="list-style-type: none"> Print the date/time the sample was collected on your lab requisition. Fold and place the requisition in the outside pocket of the biohazard bag. Do not put the requisition in the bag with the sample collection container.
<p>Collecting the Sample</p>	<ol style="list-style-type: none"> Sit on the toilet and hold labia (lips) apart. Thoroughly clean genital area with towelette provided using a front to back motion. Repeat with second towelette. Allow to air dry completely before urinating (peeing). Do not wipe dry. Discard towelettes into garbage can, not into toilet. Continue to hold labia apart while urinating. Urinate (pee) a small amount of urine into the toilet then, without stopping, urinate into the container. Fill container 1/3 full. Do not overfill the container. Finish urinating into the toilet. Firmly tighten the lid onto the container. Dry the outside of the container if it is wet. Wash hands thoroughly with soap and water after collection. Place container into biohazard bag. Refrigerate sample immediately after collection. <div style="display: flex; justify-content: space-around; align-items: center;">    </div>
<p>Sample Delivery to Lab</p>	<ul style="list-style-type: none"> If not in the laboratory when the sample is collected, return sample and requisition to the laboratory as soon as possible. If you cannot go to the laboratory immediately, keep the urine refrigerated. Sample MUST be returned to the laboratory the same day it is collected. Prolonged delays may affect the test result.
<p>Questions About Your Collection?</p>	<p>Lethbridge – (403) 388-6057 Medicine Hat – (403) 529-8919</p>