

HOW TO COLLECT A STOOL SPECIMEN

Usually stool samples are needed to test for certain germs that may or may not make you sick. Your doctor or Public Health staff has asked that you collect and submit a sample for testing.

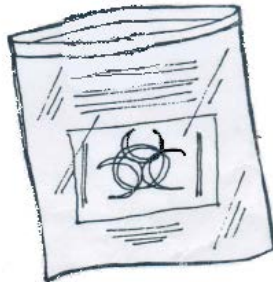
WHAT YOUR KIT SHOULD CONTAIN:

a.



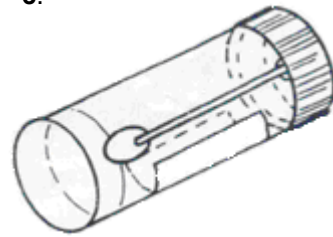
REQUISITION

b.



PLASTIC BAG

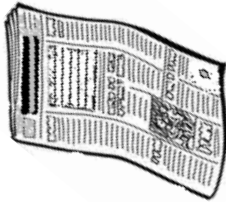
c.



PLASTIC BOTTLE
with spoon or spoon/fork inside

INSTRUCTIONS:

1. Pass stool into something clean and dry. Do not mix stool with urine (pee) or water.



Newspaper or



Ice cream Pail (4 Liter size) or



Toilet seat covered with plastic wrap

2. Use spoon/fork ('spork') on the lid of the plastic bottle to scoop the stool into the plastic bottle

1/3 FULL (MAXIMUM) DO NOT OVERFILL
OR AT LEAST 1 TABLESPOON (MINIMUM)

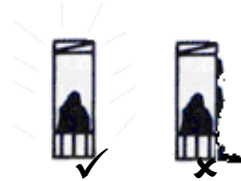


OVER.....

3. If your plastic bottle has a clear liquid inside, DO NOT pour it out. Add the stool until contents is just to the line on the bottle and stir with the spoon/fork provided.
Very Important - DO NOT OVERFILL!



4. Screw the lid with spoon onto the plastic bottle.
Please keep the outside of the bottle clean



5. Print your name and date of collection on the outside of the bottle.



6. Put the bottle with stool into the plastic bag. Seal the bag.



7. Wash hands immediately.



8. Take the specimen to the place where your doctor or Public Health worker told you to. If you cannot deliver the sample immediately, put into the fridge until it can be delivered.

***NOTE:** If your plastic bottle has a clear liquid inside, DO NOT pour it out; just add the stool (DO NOT FILL PAST LINE ON BOTTLE).

The clear liquid is a POISON. Keep away from children.

If someone drinks the poison, call the Poison & Drug Information Service
IMMEDIATELY at **1- 800-332-1414**.

The clear liquid is called SODIUM ACETATE FORMALIN.