



Alberta Health Services

Note: Hottest flowing water temperature for therapeutic tubs in a Continuing Care Home must be checked daily prior to the first bath of the day and be no higher than **49°Celsius**

Bath/shower water temperatures shall never exceed **43° Celsius**

- Clients age 12 and younger: temperature range of **36.7° to 38° Celsius** is considered best practice
- Clients over age 13: temperature range of **38° to 43° Celsius**

Side A

Water Temperature Check Log

Instructions: To be completed for all Continuing Care Staff-Assisted Bath/Shower and in reference to the Safe Bathing Temperatures and Frequency Procedure. When using an integrated or hand-held thermometer, enter exact temperature. When using a calibrated temperature card, or when documenting a sensory check, indicate completion by using √ or “ok”

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Safe Bath/Shower Water Temperature Ranges:

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Date	Client Initials	Client Room #	Continuing Care Home Only	THERAPEUTIC TUB (rear or side-opening tub)			TUB BATH			SHOWER			Staff Initials
			Hottest flowing water temperature check of therapeutic tubs prior to the first bath of the day <i>(must be less than 49 °C)</i>	Check 1 Measure running water temp.	Check 2 Assist client into tub. Immerse forearm to check water temp constantly.	Check 3 Measure the temp once the tub is filled.	Check 1 Measure running water temp.	Check 2 Measure water temp. once tub is filled.	Check 3 Immerse forearm to check water temp prior to client and water contact	Check 1 Measure running water temp.	Check 2 Immerse forearm to check running water temp.	Check 3 Immerse forearm to check water temp prior to client and water contact	
example			48°										AA
example	BB	100		42°	√	40°							CC