

Alberta Healthy Living Program Chronic Disease Referral South East Zone

Client Demographics (affix client label here if applicable)				
Client Name			Date of Birth	
Address			Home Phone	
Personal Health Care Number				Cell Phone
Family Physician				Referral Date
Referral source and contact phone number				
Does the referred client have a legal guardian/agent? No				
Yes, name and contact phone number				
Unable to participate in group education (describe)				
Hearing or visual impairment (describe)				
Mobility limitations (describe)				
Unable to read or speak English First language spoken is				
Translator name and contact phone number				
Specialty Services (check primary reason for referral)				
 □ Better Choices, Better Health[™] (Stanford self management series) • Includes a 6 week workshop that helps you take control of your health 				
☐ Cardiac Rehabilitation • Includes cardiac education, assessment and referral to exercise				
☐ Chronic Obstructive Pulmonary Disease (COPD) Program				
Includes respiratory education, assessment and referral to exercise				
□ Diabetes Impaired Fasting Glucose (IFG) and/or Impaired Glucose Tolerance (IGT) □ Insulin Initiation and Adjustment. Physician orders attached. □ Insulin Therapy □ New Pump Assessment □ Existing Pump Therapy □ Non-Insulin Medication(s) Initiation and Adjustment. Physician orders attached. □ Pediatrics □ Pregnancy □ Pregnancy □ Gestational □ Type 1 / Type 2 □ Preconception □ Type 1 □ Type 2				
 ☐ Heart Function Clinic (Specialist Consult with Interdisciplinary Services, Physician Referral Required) ☐ Consult letter attached 				
☐ Heart Failure Education				
☐ Nutrition		Client's Height		Client's Weight
Primary reason for referral:				
☐ Healthy Weight Gain in Pregnancy				
☐ Risk Factor Management ☐ Dyslipidemia ☐ Hypertension ☐ Lifestyle Class				
Stroke/Transient Ischemic Attack (TIA) Education				
☐ Supervised Exercise				
☐ Weight Management				
Comments				
Office Use Only Appointment scheduled on				
Medicine Hat	Phone 403-529-8969	Fax 403-528-5602	Toll Free	e: 1-866-795-9709
Brooks	Phone 403-793-6659	Fax 403-501-3327	email: li	ving.healthy@albertahealthservices.ca