



Bladder and Bowel Record

Date (yyyy-Mon-dd) Who		Who is fil	Who is filling out the form?						y Caregiver Other						
Size of cup used =mL			I woke up at: (hh:mm)						I went to sleep at: (hh:mm)						
	Fluids			Urine Output			Bowel Movement			nent	Activity	y	Product		
Time (hh:mm)	Type (juice, milk, water, coffee, tea)		Amount (mL)	Urge (Y/V)	Leakage(✓)	Urination in Toilet (mL or S/M/L)	Urge (Y/N)	Leakage(≺)	Size (S/M/L)	Type (see side b)	Prior t Leakaç (see lege below)	ge end	Туре	Change (≺)	
Indwelling Catheter							Activity Legend (prior to leakage of urine or stool)								
Insertion Date (yyyy-Mon-dd) Removal Date (yyyy-Mon-dd)											. Walking				
Intermittent Catheter							Lifting Change in position					5. Running6. Other (specify)			
Frequency							J. O	5. Orialige in position 0. Other (specify)							

Alberta Health Services collects health information in accordance with Section 20 of the Health Information Act (HIA) for the purpose of providing health services, determining eligibility for health services, or to carry out any other purpose authorized by the HIA. If you have any questions about this collection, please ask your health care provider or contact your health professional.

20574 (Rev2017-03) Side A

Bladder and Bowel Record

Bristol Stool Chart

Type 7 Type 6 Type 5 Type 4 Type 3 Type 1 Type 2 edges (hard to pass) Separate hard lumps, like nuts edges, a mushy stool Soft blobs with clear-cut Sausage-shaped but lumpy **Entirely Liquid** Watery, no solid pieces. Fluffy pieces with ragged smooth and soft Like a sausage or snake, cracks on the surface Like a sausage but with

20574 (Rev2017-03) Side B