

## Adolescent & Adult Immunization Record

This is your **permanent record**.

First Name		Last Name		Date of Birth (yyyy/Mon/dd)	
<b>Tetanus/Diphtheria (Td)</b>	<b>Diphtheria/Tetanus/Acellular Pertussis (dTap)</b>	<b>Polio (IPV)</b>		<b>Pneumococcal Conjugate (PNEU-C13)</b>	
<b>Human Papillomavirus (HPV-9)</b>	<b>Meningococcal Conjugate (MenC-ACYW)</b>	<b>Measles, Mumps, Rubella (MMR)</b>		<b>Varicella (VZ)</b>	
<b>Hepatitis A (HAV)</b>	<b>Typhoid (TYVI)</b>	<b>Meningococcal B (Men-B)</b>		<b><i>Haemophilus influenzae</i> type b (Hib)</b>	
<b>Hepatitis B (HBV)</b>	<b>Hepatitis A &amp; B (HABV)</b>	<b>Pneumococcal Polysaccharide (PNEUMO-P)</b>		<b>Influenza (FLU)</b>	
<b>Tuberculin (PPD) (Date Given)</b>	<b>Tuberculin (PPD) (Result/Date Read)</b>	<b>Other</b>			

Immunization protects you from disease.

- Vaccines make your immune system stronger. They build antibodies to help prevent diseases.
- Immunization is safe. It is much safer to get immunized than to get the diseases.

For the routine immunization schedule and up-to date immunization information, go to **ImmunizeAlberta.ca** or call **Health Link at 811**.

For 24/7 nurse advice and general health information, call **Health Link at 811**. Or visit **MyHealth.Alberta.ca** or **ImmunizeAlberta.ca** for health information online.