Discontinuation of Modified Respiratory Precautions for Suspected or Confirmed COVID-19

Please see box below if using alternate diagnosis to discontinue Modified Respiratory Precautions for COVID-19.

1. Have patient’s symptoms improved to a new or pre-existing baseline for at least 48 hours?  
(Signs and symptoms may not completely resolve. Patients may have a new baseline [e.g. new baseline O₂ requirement, persistent cough, etc])

☐ NO  ▶  □ Maintain Modified Respiratory Precautions

☐ YES, go to Question 2  ▶  □ Reassess symptoms in 24 hours. Consider re-testing if clinically indicated.

2. What is patient’s COVID-19 test result?

☐ Pending  ▶  □ Maintain Modified Respiratory Precautions until result available; restart at question 1

☐ Indeterminate  ▶  □ Maintain Modified Respiratory Precautions; repeat swab; restart at question 1

☐ POSITIVE, go to Page 2

☐ NEGATIVE, go to Page 3  
NOTE: A negative COVID-19 ID NOW ™ or Rapid Antigen Test (RAT) is not sufficient.

An ALTERNATE DIAGNOSIS can be used if:

☐ No Respiratory/Core symptoms are present (exception: fever)
AND

☐ Negative COVID-19 test  
Date (dd-Mon-yyyy) ________________________________
AND

☐ No COVID-19 Risk Factors present
AND

☐ Strongly supported, clinically plausible alternative diagnosis  
Specify diagnosis ________________________________

☐ Notify/consult IPC  
as per site process

Date (dd-Mon-yyyy) ____________________  
Time (hh:mm) ______________

MRHP Name (Last, First Name)  
Signature  
Date (dd-Mon-yyyy)

Regulated Healthcare Professional Name (Last, First Name)  
Signature  
Date (dd-Mon-yyyy)
Discontinuation of Modified Respiratory Precautions for COVID-POSITIVE Patients

NOTE:

● The **default length of isolation for COVID-positive patients in hospital is 14 days** since symptom onset date. This means Modified Respiratory Precautions can be discontinued on Day 15.
● For patients who have been or are currently in Critical Care, DO NOT use this form. (see Discontinuation of Precautions for Suspected and Confirmed COVID-19 Patient in Critical Care)
● Duration of COVID-19 isolation in hospital does not depend on immunization status.
● If patient is discharged, default to community guidelines (see Alberta Health COVID-19 Isolation Requirements)

Proceed only if patient’s symptoms have improved to a new/pre-existing baseline for at least 48 hours.

1. Does patient meet mild/moderate illness criteria AND there have been at least 10 days since onset of symptoms/initial test positive date AND patient is **NOT immunocompromised**?
   Mild/moderate illness: 1. COVID-19 is not the primary reason for admission or prolonged stay AND
   2. Asymptomatic or minimal symptoms AND
   3. No medical intervention such as supplemental oxygen above baseline or anti-COVID therapy.
   - NO, go to Question 2
   - YES, consult IPC

2. Have there been 14 days since symptom onset date? *Use initial test positive date ONLY if patient does not develop symptoms or symptom onset date is not available.*
   - NO
   - YES, go to Question 3

3. Is patient **severely immunocompromised**?
   - NO, go to Question 4
   - YES

4. Is patient on Additional Precautions for any other indication? *(e.g. MRSA, CDI, norovirus, etc.)*
   - NO
   - YES

If no other concerns, Modified Respiratory Precautions may be discontinued *(must be written as an order)*

Two Regulated Healthcare Professional Signatures required:

Signature 1 _______________ Signature 2 _______________

- Notify/consult IPC *(as per site process)*
- Follow Routine Practices *(including continuous masking/eye protection)*
Discontinuation of Modified Respiratory Precautions for Patients Who Tested NEGATIVE for COVID-19

Proceed only if patient’s symptoms have improved to a new/pre-existing baseline for at least 48 hours.

1. Does patient have ANY COVID-19 Risk Factors below? (If unable to assess, answer YES)
   - ☐ COVID-19 test: positive COVID-19 within the last 14 days or currently pending check Netcare
   - ☐ Traveled anywhere outside of Canada within the last 14 days
   - ☐ Close contact (see page 4) of a person with acute respiratory illness who has traveled anywhere outside of Canada in the 14 days before their illness
   - ☐ Close contact of a confirmed or probable case (see page 4) of COVID-19 within 14 days before illness onset
   - ☐ Associated with a COVID-19 outbreak at any healthcare unit facility, congregate living, or other workplace or social gathering within the last 14 days. Refer to link: COVID-19 outbreaks
   - ☐ Had laboratory exposure to biological material known to contain COVID-19 virus within the last 14 days
   - ☐ Direction has been given for the patient to remain on Modified Respiratory Precautions, quarantine or self isolation

   ☐ NO, go to Question 4
   ☐ YES, go to Question 2   Exposure Date ________________

2. Is patient immunocompromised?
   - ☐ NO, go to Question 3
   - ☐ YES

3. Is patient fully immunized?
   - Fully immunized = More than 14 days after receiving the second dose of a two dose vaccine series OR more than 14 days after receiving one dose of a one dose vaccine series

   ☐ NO
   ☐ YES

4. Is patient on Additional Precautions for any other indication? (e.g. MRSA, CDI, norovirus, etc.)
   - ☐ NO
   - ☐ YES

   If no other concerns, Modified Respiratory Precautions may be discontinued (must be written as an order)
   Two Regulated Healthcare Professional Signatures required:
   Signature 1 ________________ Signature 2 ________________
   ☐ Notify/consult IPC (as per site process) Date _____________ Time ____________
   ☐ Follow Routine Practices (including continuous masking/eye protection)
Definitions

**Close contact**: a person exposed to a case while the case is infectious\(^{(a)}\) AND is defined as:

- An individual who had direct contact with infectious body fluids of the case (e.g. was coughed or sneezed on while unprotected\(^{(b)}\) or who for example, shared cigarettes, glasses/bottles, eating utensils with a case) OR
- A household contact (i.e. a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with the person who tested positive) OR
- A HCW\(^{(a)}\) who provided unprotected\(^{(b)}\) direct care for the case, OR
- An individual and/or family member or other caregivers who provided direct care to the case or who had other similar direct physical contact with the case (e.g., intimate partner, hug, kiss, handshake) OR
- An individual who had unprotected\(^{(b)}\) contact with a case within two metres for one minute or longer where there was any speaking, singing, shouting or breathing heavily (e.g., exercise) OR
- An individual who lived with or otherwise had unprotected\(^{(b)}\) prolonged contact with a case for 10 minutes or more over a 24-hour period (may be cumulative, i.e., multiple interactions) and within two metres.

\(^{(a)}\) For close contact identification purposes, the infectious period of the case is from two days before onset of symptoms in the case (or if asymptomatic, two days before test date) until the case is deemed COVID-recovered.

\(^{(b)}\) An individual may be considered unprotected if at the time of the exposure they did not consistently and appropriately use personal protective equipment (PPE).

**Probable case**: a person with symptoms AND

- who is known to be a close contact with a confirmed COVID-19 case OR
- was exposed to a known COVID-19 outbreak OR
- had laboratory exposure to biological material known to contain COVID-19