

Cardiac Rehabilitation Referral
Cardiac Rehabilitation mandate is to provide secondary prevention*

Name		Address	
ULI/PHN	<input type="checkbox"/> male <input type="checkbox"/> female	Phone	
Date of Birth (yyyy-Mon-dd)		Alternative Phone	
<input type="checkbox"/> Language Barrier, language spoken:			
English speaking contact person name and phone:			
Diagnosis / Date (yyyy-Mon-dd)			
<input type="checkbox"/> Pre-Hab		<input type="checkbox"/> Cardio-Oncology	
<input type="checkbox"/> NSTEMI		<input type="checkbox"/> AICD	
<input type="checkbox"/> STEMI		<input type="checkbox"/> Pacemaker	
<input type="checkbox"/> PCI		<input type="checkbox"/> VAD	
<input type="checkbox"/> CABG		<input type="checkbox"/> Heart Failure	
<input type="checkbox"/> Valve Surgery		<input type="checkbox"/> Other (specify)	
<input type="checkbox"/> Angina			
Comments / Other Health Concerns (if no discharge summary provided)			
Locations within Edmonton:			
<input type="checkbox"/> Glenrose Rehabilitation Hospital	Phone 780-735-8206	Fax 780-735-8243	
<input type="checkbox"/> Grey Nuns Hospital	Phone 780-735-7738	Fax 780-735-7545	
<input type="checkbox"/> Mazankowski Heart Institute	Phone 780-735-8206	Fax 780-735-8243	
Locations outside Edmonton (see reverse list and fax numbers)			
<input type="checkbox"/> Name of Program		Fax 780-	
Referral made by		Physicians to follow	
Referral date (yyyy-Mon-dd)		GP	
		Cardiologist	
Office Use Only			

* Secondary prevention is defined as the sum total of all interventions, psychological and behavioral, designed to favorably modify an individual's lifestyle and enhance in adherence and compliance with long term behaviors compatible with minimizing disease progress. Secondary prevention occurs after the disease is present, thus, it aims to reduce disease progression, minimize complications and reduce further exposure to risk. CACR Guidelines 2009.

Cardiac Rehabilitation Programs

Athabasca Healthcare Centre Physiotherapy Department Phone 780-675-6038 Fax 780-675-6045	Barrhead Healthcare Centre Physiotherapy Department Phone 780-305-3318 Fax 780-674-6773
Bonnyville Health Centre Fax 780-815-4226	Cold Lake Healthcare Centre Physiotherapy Department Phone 780-639-6518 Fax 780-639-2255
Camrose Healthy Living Centre - Edgeworth Centre Phone 780-608-8683 Fax 780-608-8693	Edson Healthcare Center Phone 780-712-6861 Fax 780-723-2135
Fort McMurray Wood Buffalo Primary Care Network Phone 780-788-1765 Fax 780-788-1764	Fort Saskatchewan Phone 780-997-0046 Fax 780-997-0095
Grande Prairie Phone 780-402-8132 or 780-538-7360 Fax 844-776-3846	High Level Phone 780-841-3304 Fax 780-926-7393
High Prairie Chronic Disease Program Phone 780-523-6440 ext 6888 Fax 780-523-6473	Hinton Health Care Centre Phone 780-725-6144 Fax 780-725-6394
Lac LaBiche Physiotherapy Department Phone 780-623-5921 Fax 780-623-5904	Leduc Leduc Cardiac Rehabilitation PCN patients only Phone 780-986-6624 Fax 780-986-6634
Lloydminster (Saskatchewan) Prairie North Cardiac Rehab STRIDES Cardiac Rehab Phone 780-820-6262 Fax 306-820-6256	Mayerthorpe Physiotherapy Department Phone 780-786-2245 ext 151 Fax 780-786-2023
Peace River & Rural Region Peace River Community Health Centre Diabetes/Cardiac Education Phone 780-624-7598 Fax 780-618-3403	Red Deer Phone 403-343-4508 Fax 403-343-4419
St. Paul Healthcare Centre Physiotherapy Department Phone 780-645-3331 ext 2191 Fax 780-645-1709	Wainwright Cardiac Wellness Program Phone 780-806-2029 Fax 780-806-2036
Wetaskiwin Hospital & Care Centre Physiotherapy Department Phone 780-361-4148 Fax 780-312-3755	Westlock Healthcare Centre Physiotherapy Department Phone 780-350-2010 Fax 780-350-3024
Whitecourt Healthcare Centre Physiotherapy Department Phone 780-778-5540 ext 241 Fax 780-778-3852	