

Cardiac Rehabilitation Referral

Cardiac Rehabilitation mandate is to provide secondary prevention*

Name		Address	
ULI/PHN	<input type="checkbox"/> male <input type="checkbox"/> female	Phone	
Date of Birth (yyyy-Mon-dd)		Alternative Phone	
<input type="checkbox"/> Language Barrier, language spoken:			
English speaking contact person name and phone:			
Diagnosis / Date (yyyy-Mon-dd)			
<input type="checkbox"/> Pre-Hab		<input type="checkbox"/> Cardio-Oncology	
<input type="checkbox"/> NSTEMI		<input type="checkbox"/> AICD	
<input type="checkbox"/> STEMI		<input type="checkbox"/> Pacemaker	
<input type="checkbox"/> PCI		<input type="checkbox"/> VAD	
<input type="checkbox"/> CABG		<input type="checkbox"/> Heart Failure	
<input type="checkbox"/> Valve Surgery		<input type="checkbox"/> Other (specify)	
<input type="checkbox"/> Angina			
Comments / Other Health Concerns (if no discharge summary provided)			
Locations within Edmonton:			
<input type="checkbox"/>	Glenrose Rehabilitation Hospital	Phone 780-735-8206	Fax 780-735-8243
<input type="checkbox"/>	Grey Nuns Hospital	Phone 780-735-7738	Fax 780-735-7545
<input type="checkbox"/>	Mazankowski Heart Institute	Phone 780-735-8206	Fax 780-735-8243
Locations outside Edmonton (see reverse list and fax numbers)			
<input type="checkbox"/>	Name of Program	Fax 780-	
Referral made by		Physicians to follow	
Referral date (yyyy-Mon-dd)		GP	
		Cardiologist	
Office Use Only			

* Secondary prevention is defined as the sum total of all interventions, psychological and behavioral, designed to favorably modify an individual's lifestyle and enhance in adherence and compliance with long term behaviors compatible with minimizing disease progress. Secondary prevention occurs after the disease is present, thus, it aims to reduce disease progression, minimize complications and reduce further exposure to risk. CACR Guidelines 2009.

Cardiac Rehabilitation Programs

<p>Athabasca Healthcare Centre Physiotherapy Department Phone 780-675-6038 Fax 780-675-6045</p>	<p>Barrhead Healthcare Centre Physiotherapy Department Phone 780-305-3318 Fax 780-674-6773</p>
<p>Bonnyville Health Centre Fax 780-815-4226</p>	<p>Cold Lake Healthcare Centre Physiotherapy Department Phone 780-639-6518 Fax 780-639-2255</p>
<p>Camrose Healthy Living Centre - Edgeworth Centre Phone 780-608-8683 Fax 780-608-8693</p>	<p>Edson Healthcare Center Phone 780-712-6861 Fax 780-723-2135</p>
<p>Fort McMurray Wood Buffalo Primary Care Network Phone 780-788-1765 Fax 780-788-1764</p>	<p>Fort Saskatchewan Phone 780-997-0046 Fax 780-997-0095</p>
<p>Grande Prairie Phone 780-402-8132 or 780-538-7360 Fax 844-776-3846</p>	<p>High Level Phone 780-841-3304 Fax 780-926-7393</p>
<p>High Prairie Chronic Disease Program Phone 780-523-6440 ext 6888 Fax 780-523-6473</p>	<p>Hinton Health Care Centre Phone 780-865-3333 ext 1244 Fax 780-865-3581</p>
<p>Lac LaBiche Physiotherapy Department Phone 780-623-5921 Fax 780-623-5904</p>	<p>Leduc Leduc Cardiac Rehabilitation PCN patients only Phone 780-986-6624 Fax 780-986-6634</p>
<p>Lloydminster (Saskatchewan) Prairie North Cardiac Rehab STRIDES Cardiac Rehab Phone 306-820-6096 Fax 306-820-6256</p>	<p>Mayerthorpe Physiotherapy Department Phone 780-786-2245 ext 151 Fax 780-786-2023</p>
<p>Peace River & Rural Region Peace River Community Health Centre Diabetes/Cardiac Education Phone 780-624-7598 Fax 780-618-3403</p>	<p>Red Deer Phone 403-343-4508 Fax 403-343-4419</p>
<p>St. Paul Healthcare Centre Physiotherapy Department Phone 780-645-3331 ext 2191 Fax 780-645-1709</p>	<p>Wainwright Cardiac Wellness Program Phone 780-806-2029 Fax 780-806-2036</p>
<p>Wetaskiwin Hospital & Care Centre Physiotherapy Department Phone 780-361-4148 Fax 780-312-3755</p>	<p>Westlock Healthcare Centre Physiotherapy Department Phone 780-350-2010 Fax 780-350-3024</p>
<p>Whitecourt Healthcare Centre Physiotherapy Department Phone 780-778-5540 ext 241 Fax 780-778-3852</p>	