

Getting ready for MyAHS Connect



What is MyAHS Connect?

If you are accessing care at an Alberta Health Services (AHS) site, you can sign up for a MyAHS Connect account, a secure, online way to access your AHS health information.

Use MyAHS Connect to:

- Communicate directly with your healthcare team
- View your treatment and appointment schedules at AHS
- Fill out appointment questionnaires ahead of time at your convenience
- Easily join video and/or telephone visits
- View your health information such as: laboratory results, medication list and past visit summaries
- Support family members in their care with proxy access



When can I access MyAHS Connect?

MyAHS Connect can be activated by your AHS healthcare team once Connect Care has launched at your facility. However, you can start the activation process now! Completing the steps below will make it faster for you to access MyAHS Connect when it becomes available. Connect Care sites can be found [here](#).

*If you already have a MyHealth Records account, you are ready for MyAHS Connect activation. MyAHS Connect will be visible from MyHealth Records once shared by your healthcare team.



What can I do to prepare now?

First, you need an Alberta.ca Account.

1. Create an Alberta.ca Account, visit myhealth.alberta.ca/myhealthrecords
2. Fill out the requested information. You will need an email address and a valid Alberta Driver's License or Alberta Identification Card
3. You will receive a confirmation email. Click the "Confirm and continue" link in the email within 96 hours to complete the registration process.
4. You now have a basic account and can register for a MyHealth Records account. A confirmation letter with a verification code will be mailed to the address on your id card.
5. You will need to verify your account to keep your access. When your confirmation letter arrives in the mail, follow the instructions in the letter to complete this process.



TIP: You can scan this QR code to get started

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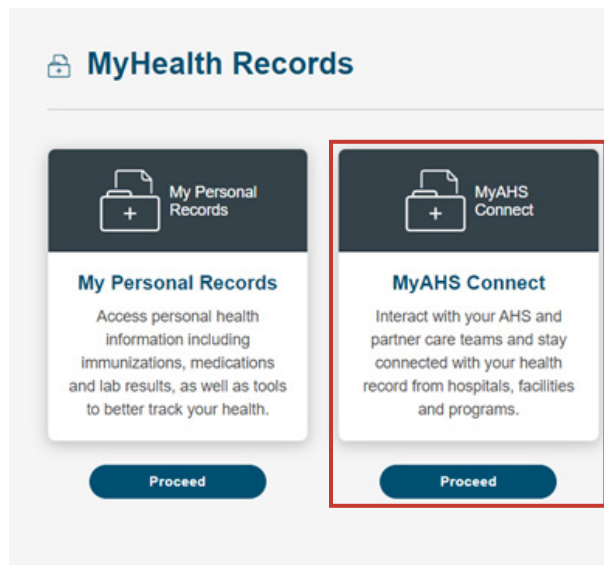


How do I get access to MyHealth Records?

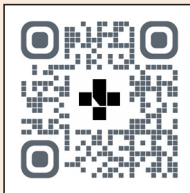
1. After you have signed up for your Alberta.ca Account, re-visit the MyHealth Records website at myhealth.alberta.ca and sign in using your Alberta.ca Account username and password.
2. Enter your **Personal Health Number (PHN)** on your Alberta Personal Health card.
3. You are now ready for MyAHS Connect activation.

By completing these sign up steps now, it will be easier and quicker to activate your MyAHS Connect when you attend an appointment with your care provider at a site that uses Connect Care.

Note: MyAHS Connect is not the same as My Personal Records.



The MyAHS Connect icon will only appear once your account has been activated by your healthcare team.



Learn More about MyAHS Connect:
albertahealthservices.ca/MyAHSConnect
Need help?
Call 1-844-401-4016